

MASSAGE	30 min.	45 min.	60 min.	80 min.	90 min.
<b>Partial Massage</b> Legs, back, abdomen, feet	45,00 €				
<b>Back treatment</b> Thanks to the use of cups and manual decontracting massage, this specific back treatment relaxes muscle contractures, and ending with warm towels and arnica ointment provides a true sense of well-being		65,00 €			
<b>Relaxing Swedish massage</b> A massage with relaxing and regenerating effects on the muscles, based on traditional Nordic maneuvers			75,00 €	95,00 €	
<b>Aromatic massage</b> Using essential oils, it releases stress and contributes to the complete relaxation of body and mind, eases muscle tension and restores the right balance. The session begins with the choice of your favourite essence... just trust your instincts and let yourself be pampered			80,00 €	100,00 €	
<b>Lymphatic drainage massage</b> The lymphatic and energy systems are stimulated through essential oils and various drainage techniques. Excellent for relieving the feeling of heaviness in the lower limbs			80,00 €	100,00 €	
<b>Decontracting massage</b> Deep tissue massage aimed at loosening muscle contractures, also suitable for sports people			85,00 €	105,00 €	
<b>Il Giglio di mare massage</b> Personalized massage tailored to the client's needs			85,00 €	105,00 €	
<b>Tibetan massage</b> Traditional Tibetan massage that includes a sound massage with the Tibetan bell on the different Chakra points and manual massage manoeuvres for an energetic, draining and anti-stress action			85,00 €	105,00 €	
<b>Three dosha Ayurvedic Massage</b> The Ayurvedic Three doshas massage is done applying oil to the entire body, from head to toe. It is performed with harmonious movements that rebalance the psychophysical level and provide total relaxation			85,00 €	105,00 €	
<b>Hot Stone Massage</b> Massage utilizing hot lava stones renowned for retaining and gradually releasing heat. This deeply relaxing treatment offers anti-stress benefits and alleviates inflammatory conditions, muscle stiffness, and improves joint mobility			85,00 €	105,00 €	
<b>Full face and body massage</b> A complete, personalized beauty and wellness ritual tailored to individual needs. Through the harmonious blend of precious oils, it imparts energy and radiance to the face, and balance and relaxation to the body					120,00 €



## IL GIGLIO DI MARE

Wellness

PRICE LIST  
2025

FACIAL RITUALS

Facial cleansing

Deep cleansing treatment utilizing antiseptic plant-based active ingredients, actively combating impurities and blackheads for a matte, uniform complexion

Personalized facial ritual

Personalized facial treatment addressing individual skin needs, incorporating specific active ingredients to provide immediate benefits and enhance skin health

Detox facial ritual

Treatment protecting the face, neck, and décolleté from oxidative stress, ideal for revitalizing dull, stressed skin and promoting deep detoxification for a natural radiance

Anti-ageing facial ritual

Treatment for mature and lacklustre skin, this helps prevent early signs of ageing, promoting firmer, more toned skin through a blend of essential oils and the energy of rock crystals

Facial massage

Relaxing massage targeting the face, neck, and head to release accumulated tension, and enjoy a renewed sense of relaxation and freedom

SPA

Spa entrance and treatments are only permitted to those over 18 years of age

The wellness centre includes an outdoor swimming pool with hydrojets, a 90°C Finnish sauna, a steam bath, an ice waterfall, emotional showers, relaxation areas and a self-service herbal tea room

Spa admission is for a minimum of 2 hours and the welcome kit is always included (bathrobe and towel)

The changing rooms are equipped with lockers, hairdryers and shower gel

BODY RITUALS

Smoothing scrub

Body exfoliation to renew cell turnover and impart natural radiance to the skin

Exfoliating and hydrating body ritual

Body exfoliation followed by hydration with moisturizing cream or oil to enhance skin tone and radiance

Draining mud ritual

Remineralizing draining body treatment utilizing a blend of mud and vegetable oils to reduce excess fluids and alleviate leg heaviness

Reshaping mud ritual

Thermo-active anti-cellulite treatment promoting skin oxygenation, deep drainage, and silhouette reshaping

Toning mud ritual

Treatment to regain vigour and tone, an enveloping ritual that oxygenates tissues while protecting collagen from the passage of time and the negative effects of stress

DROPS OF WELLNESS

2h spa admission + 60 min facial treatment

2-hour admission to the wellness centre and personalized facial treatment

EVERYTHING FLOWS

2h spa admission + 60 min body treatment

2-hour admission to the wellness centre and body ritual of your choice between draining, reshaping and toning

TIME FOR ME

2h spa entrance + 60 min anti-stress massage

2-hour admission to the wellness centre and relaxing anti-stress massage